

intertwined with each other. They are distinguished by elaborately crafted masks and costumes. Usually, all these dances are characterized by solemnity and gloom, which is embodied through unhurried steps. During the dance, the performers walk in a clockwise circle: first they raise their right leg and at the same time show certain symbolic gestures with their hands. Then the right leg is slowly lowered to the ground and the left leg is slowly raised, when turning, they make a gesture with their hands, meaning offerings. Then slowly lower the left leg and again slowly raise the right, and when turning, make a mandala gesture with their hands. Choreographically, the dance is quite simple, while maintaining a special tempo, a strict sequence of movements accompanied by symbolic gestures.

The genesis and development of Tibetan opera, or Ache Lhamo, in the chronicle of academic and cultural studies, reflect its historical roots and evolution into a vibrant theatrical tradition. Originating from the visionary experience of Saint Tangtong Gyalpo, Ache Lhamo has evolved from a religious and moral narrative into a complex art form that includes drama, music and dance.

Conclusion. In general, a critical analysis of the literature on the mystery of "Tsam", Ache Lhamo and Tibetan folk dances reveals a multifaceted picture of Tibetan cultural practices characterized by deep spiritual and historical resonance, a dynamic process of evolution and a continuous dialogue between conservation and innovation. These studies make a significant contribution to our understanding of Tibetan culture by providing insight into its complexities and the enduring significance of its artistic and ritual expressions.

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THE APPLICATION AND RESEARCH OF COLOR EXPRESSION IN MODERN LACQUER PAINTING

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Lacquer painting is a type of painting that combines craft skills with the comprehensive nature of a variety of materials. Color is the main language and expression of painting. It is one of the constituent elements of painting and plays an important role in reflecting and shaping images and space. Color has the most intuitive visual aesthetic characteristics, and has a unique role in portraying images, setting off atmosphere, and expressing emotions. In the process of creation, people's attention to the aesthetic part of lacquer painting is concentrated on materials and techniques, weakening the impact of color language on creative expression. Therefore, the color language of lacquer painting still has a lot of room for exploration. With the development of modern art, the application of modern color language in the artistic language of lacquer painting has gradually received attention.

Material and methods. This article uses the literature research method: by reviewing a large number of literature on the "Color Language of Lacquer Painting", research and select relevant materials with research value on color language as theoretical support; using the Internet to search for relevant materials, combing and summarizing them as material support.

Case analysis method: combine classic works from different periods to analyze and interpret the content of the paper.

Summary and analysis method: collect literature materials on "lacquer painting colors", "color language" and other literature, sort them out, and then analyze and summarize them.

Findings and their discussion. Color is one of the main ways of expression in the creation of modern lacquer paintings. The use of color has strong expressiveness and appeal in creation, and is an important part of the language of painting. The color of lacquer painting is also one of the elements that constitute a unique artistic language. But looking at the research topics of modern lacquer painting, most of them focus on research related to materials and techniques. Whether it is the exploration of techniques in the past or the emergence of various materials today, the first thing that comes to mind are the two common characteristics of materials and techniques. This is because there were few color varieties in the early stages of development, which weakened the color language of lacquer painting in creation. important performance. The application and research of color expressiveness in modern lacquer painting aims to promote the development and innovation of artistic creation, reveal the mechanism of color in artistic experience, and enrich people's recognition and understanding of color.

With the expansion of the diversification of the formal language of modern lacquer painting creation, trying to use different forms of color language for creation and exploring the expression techniques of color language are common research issues for many artists. The Color Language of Modern Lacquer Painting This article is divided into four parts for research. The first part is based on the color characteristics of Vietnamese lacquer painting and the formation of modern colors, describing the development of modern painting and its colors; the second part is about the impact of culture and professional quality on color. The influence of expression; the third part, the expression of the color language of lacquer painting, is elaborated and studied by combining the concept of color language and the characteristics of modern color language. The characteristics of color language are composed of lacquer, materials, modern lacquer and other lacquer painting color sources. It is composed of the color rules of cold, warm, light and dark. Secondly, material colors are divided into natural material colors and artificial material colors for detailed analysis. The fourth part is to systematically describe the expression techniques of color language in lacquer paintings through subjective formal colors and objective formal colors. The study is divided into four aspects based on the cases of classic works, namely the realism of color, the symbolism of color, the lyricism of color, and the decorativeness of color. The fifth part is the analysis of the color language schema of lacquer painting in the contemporary context development of.

Conclusion. The colors of lacquer paintings continue and develop based on the use of traditional colors. From the early days, influenced by objective reasons, social concepts and aesthetic consciousness, the use of the most essential colors of black and red made it an important color symbol and visual symbol, the most representative and most attractive color. In modern times, with the continuous development of science and technology, in order to meet higher color demands, the types of colors have gradually increased. The addition of natural materials such as eggshell mother-of-pearl and artificial materials such as gold, silver, copper and aluminum have enriched the color language of lacquer paintings, and diverse material elements Make the color language of lacquer painting richer and more artistic.

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