

THE FEATURES AND APPLICATION OF MUSIC IN SPORTS DANCE TEACHING

Introduction. Different from ordinary dance, sports dance is a comprehensive dance sport that integrates sports, dance, and music. It not only contains the cultural and entertainment functions of dance, but also has the functions of sports competition and fitness exercise. There is a very close relationship between sports dance and music. Sports dance cannot be separated from music. Whether it is style presentation, process arrangement, action beats, etc. in sports dance, it must be displayed with reasonable music matching and presented to the audience. The comprehensive perception of vision and hearing. It can be said that the beauty of the soul of sports dance is presented by music. For this reason, the study of sports dance teaching cannot be separated from the analysis of the use of music. Only by making a comprehensive analysis of sports dance from an artistic point of view can we truly understand the connotation of sports dance [1].

The characteristics and application principles of music in sports dance teaching. In the 1980s and 1990s, sports dance teaching began to be promoted in schools, but because it was not integrated with music at that time, satisfactory teaching results were not achieved. Afterwards, began to apply music in sports dance teaching.

The **purpose** of this article: to summarize the features and principles of the use of music in teaching dancesport at the present time. To achieve this goal, the following methods were used: theoretical (analysis of scientific literature) and methods of qualitative and quantitative analysis of the data obtained.

The following aspects were considered:

- features of music in teaching sports dances;
- principles of using music in teaching dancesport;
- the role of music in teaching dancesport;
- promotion of dance choreography and design;
- stimulation of emotional responsiveness;
- ways of displaying an artistic concept;
- strategy for using music in teaching dancesport;
- development of students' sense of music;
- development of student movement coordination;
- principles of music selection.

The characteristics of music in sports dance teaching. Music plays an important role in the teaching of physical dance, which can further improve the teaching effect. However, not all music is suitable for sports dance teaching. After the summary of this article, it is known that the music used in sports dance teaching has the following characteristics: First, the music has a strong sense of rhythm, whether it is Soothing and beautiful music, or hot music, both need a strong sense of rhythm. Only in this way can the movements in sports dance have the characteristics of continuity and consistency, which not only reduces the difficulty of the arrangement of sports dance, but also helps to enhance the appreciation and artistic characteristics of sports dance; second, it can be very good with sports dance teaching. The music can be perfectly integrated with sports and dance movements. Therefore, when choosing music, it is also necessary to select it carefully to promote the complementarity of the three and form a unified whole [2].

Principles of applying music to sports dance teaching. In the process of developing sports dance teaching, when applying music, it is necessary to follow the corresponding principles in order to better play the role of music in teaching. These principles are mainly reflected in the following aspects: First, the principle of adapting measures to local conditions, sports dance teaching is divided into different categories, mainly including: competitive sports dance and popular sports dance, and each dance can be subdivided into multiple. Therefore, in the process of music selection, it is necessary to choose suitable music according to the different types of sports dance; second, the principle of gradual progress, although sports dance teaching has been carried out in our country's schools for many years, students are still very concerned about this. It will take some time to adapt to this teaching method. Therefore,

the application of music to sports dance teaching also needs to follow the principle of gradual and orderly progress, which can help students better adapt to this teaching mode and help improve the effect of sports dance teaching.

The important role of music in sports dance teaching. According to the above discussion, after incorporating music into sports dance teaching, the teaching effect is effectively improved and the promotion of sports dance teaching is further promoted. Therefore, music has played an important role in the teaching of physical dance. After the summary of this article, it is mainly reflected in the following aspects.

Promote choreography and design of dance. After the application of music in the teaching of physical dance, it can greatly promote the choreography and design of dance movements, which is mainly reflected in the following aspects: First, the dance choreographer can connect music and body movements in the atmosphere of music. So as to better promote the development of their own creative ability, and be able to choreograph some innovative and novel dance moves, so as to better improve the students' interest in learning; second, integrate music into the choreography of sports dance. You can use the rhythm of music to better promote the continuity between dance moves, so that the dance moves have a certain sense of beauty. For example, soothing music can slow down the rhythm of movements, while hot music can promote rapid changes in dance movements, which can make sports dance movements develop in diversity, so as to meet the different learning needs of different students [3].

Can better stimulate people's emotions. Music embodies the thoughts and feelings of the creator. After people enjoy music, they can relieve their inner emotions. Therefore, music can help people express their corresponding emotions, which is mainly reflected in the following aspects: First, emotions are also very important for sports dance teaching. Students can add their own emotions to their learning to increase their interest in the content of learning. Further promote the improvement of the teaching effect of physical dance; second, in the process of teaching, teachers can add emotions to the content of teaching, which can better promote the communication between teachers and students and promote their cooperation. So as to better help each other and improve the teaching effect of sports dance [4].

Conducive to the display of artistic conception. For the teaching of sports dance, a certain state and atmosphere are required in the process of learning and practicing. The application of music to sports dance teaching is more conducive to the display of artistic conception, which is reflected in the following aspects: First, when students are learning sports dance, accompanied by appropriate music, not only can they help students recall relevant Movement, and can help students better grasp the rhythm of the music, so that body movements and music are better coordinated, so as to achieve a unified state; second, through the learning of sports dance, students will perform in the final assessment stage , Following the rhythm of the music, it can set off the corresponding performance atmosphere, so that the audience can better understand the meaning of the dance movements and can appreciate the sports dance as a whole.

The application strategy of music in sports dance teaching. Based on the above analysis and discussion, it can be seen that music has improved the effect of sports dance teaching to a certain extent, and has played a huge role in the teaching process. Therefore, in order to better apply music to sports dance teaching, you can refer to the following strategies.

Cultivate students' sense of music. Students' sensitivity to music affects the application effect of music to a certain extent. Therefore, in order to better promote the application of music in sports dance teaching, it is necessary to cultivate students' sense of music. For this purpose, the following aspects can be achieved: First, teachers need to explain the basic knowledge of music accordingly, So that students can understand the relevant background of music and the basic feelings expressed, so that they can better appreciate and understand music. In the process of learning, music can be better integrated with sports dance movements; second, teachers can use the form of beats during class to allow students to follow the beats to make corresponding sports dance movements. It is conducive to the unity and coordination of students' movements, and highlights a certain sense of beauty as a whole; third, teachers can regularly play some beautiful music for students, and students can understand the main emotions they want to express by appreciating this music, which can help students better Discover the emotional atmosphere created by music.

Cultivate students' motor coordination. For the teaching of sports dance, the coordination of students' movements is very important, which can help students learn related movements quickly and increase their self-confidence in the learning process. Movement coordination can help students better understand the rhythm of music, so as to better integrate music into related teaching. Therefore, in order to better apply music to sports dance teaching, it can cultivate students' movement coordination:

First, in carrying out teaching work, teachers should help students learn the control of related movements and help students learn some difficult movements. To achieve the extreme, can further reflect the beauty of sports dance teaching; second, to help students better guide their own movements, students will change from one movement to another in the process of sports dance learning, so teachers Help students to guide the movements, thereby promoting the continuity and beauty between the movements; third, for some students, their own coordination is relatively poor, so special training for these students is needed to promote students' sports dance learning. The improvement of the effect will also help to better apply music to the teaching of sports dance.

Principles to follow when choosing music. In carrying out sports dance teaching, teachers need to arrange sports dance movements, and at the same time, they also need to carefully choose music. Therefore, in the process of choosing music, it is necessary to follow the corresponding principles, so as to better promote the application of music in sports dance teaching. These principles mainly include the following aspects: First, the principle of respecting students. As far as sports dance teaching is concerned, students are the main body in teaching, and teaching activities should be carried out closely around students. Therefore, in the process of choosing music, students' opinions need to be solicited. For example, when most students choose a certain type of music, they can follow the principle of minority to majority, and choose music for sports dance according to the majority of students' opinions. Teaching; if in the process of choosing music, the number of students who choose different types of music is similar and then teachers can choose to teach students separately, so that different students can learn sports and dance with different types of music. Second, following the basic content of physical dance teaching and using music for teaching should enable music to express the corresponding teaching content. Therefore, it is necessary to choose music that can be integrated with the physical dance teaching content, which can also promote the improvement of teaching effects.

Conclusion. In this way the role of music in sports dance is extremely important and obvious. Only by using reasonable and vivid music in sports dance can the content of sports dance be perfectly presented to the audience. While watching the beauty of sports dance movements, the audience will be able to make a full range of perceptions about dance under the effect of listening to the beauty of music. Only on the basis of in-depth research and analysis on the principles and important role of music in sports dance can we truly explore the application path of music in sports dance, so as to promote sports dance to a new level.

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FORMATION OF MUSICAL PERCEPTION IN THE PROCESS OF CHORAL SINGING IN MUSIC LESSONS

Introduction. The development of the perception of musical works in younger students is one of the main tasks of the process of musical education and education of students. The communication of younger students with art, in many ways, allows them to form the basis of their worldview and worldview. When a teacher takes a purely formal subject approach to art, the child receives a positive emotional impression from meeting him; the child will remain sensually indifferent. In the work of children's musical and creative groups, the problem of developing musical abilities, the formation of creative skills and abilities, the dynamics of professional culture and the competencies of each member of the team is especially relevant. Rehearsal, educational and concert-performing activities are not only recreational and leisure, but also the environment for the development of each personality of the subject of creative activity. A special role